

# "Guest Lecture"

Date : 11/03/2026  
Theme : Glaucoma Awareness Week  
Topic : Glaucoma Awareness  
Department : Ophthalmology  
Guests Speaker : Dr Roma Johri (Glaucoma Consultant, Sri Nethralaya, Hyderabad)

**World Glaucoma Week 2026**  
March 8th - March 14 2026

Glaucoma steals your vision silently!

**GLAUCOMA**

Damage the optic nerve

Increased pressure

Blocker: choroid

Optic nerve

Schlemm's canal

NORMAL

GLAUCOMA

**GLAUCOMA SCREENING**

Since the damage caused by glaucoma cannot be reversed, early treatment is vital.

Age	Glaucoma Screening	
	For People with no risk factors	For People with risk factors*
18-30 years	All have vision during this period	Every 1-2 years or as directed by the doctor
40-64 years	Every 2-4 years	Every 1-2 years or as directed by the doctor
65 years or older	Every 1-2 years	Every year or as directed by the doctor

\*High factors include people with certain medical conditions such as diabetes and high blood pressure, certain eye conditions such as nearsightedness, previous eye injury, a family history of eye conditions, eye glaucoma, eye trauma, long-term use of corticosteroid eye drops, which requires yearly check-up of the eyes, the use of medications which affect the eyes, and the wearing of contact lenses.

**The Eyes are the Windows to the Soul  
Take Care of Them to See the World.**

**WORLD GLAUCOMA WEEK**

**LET'S FIGHT GLAUCOMA TOGETHER**

Prevention is better than cure

Get your glaucoma screening done in MNR hospitals

Department of Ophthalmology

**Stages of glaucoma**

NORMAL VISION	ADVANCED GLAUCOMA
EARLY GLAUCOMA	EXTREME GLAUCOMA







